



AIS GIRLS KHO KHO TEAM IN CBSE Cluster Tournament held in Sun Rise School,

Kho- kho is a popular tag sport from Indian subcontinent. It is played by teams of 12 nominated players out of fifteen, of which nine enter the field, who try to avoid being touched by members of the opposing team. It is one of the two most popular traditional tag games in the Indian subcontinent, the other being Kabaddi. Apart from the Indian subcontinent, it is also played by the Indian community in South Africa.

CBSE cluster kho-kho tournament in UAE was held on 09th October, 2018 at Sun Rise School, Abu Dhabi. Asian International School Ruwais Girls team from class 9th, 10th 11th and 12th participated in the event with great zeal and enthusiasm.

Experience of the girls team in their own words in mentioned below:-

The trip there and back went without a hitch. After nearly 3-4 hours, students reached Sunrise English Public School where we start with normal morning assembly. Judging from the other games, we could easily say we were moderately trained to win some and lose some. During the bus ride we strategized to avoid wasting our stamina in the open sun luckily the match was under a roof on turf where no one slipped or lost much energy easily.

The first match against Ajman's Habitat School was surprisingly easy. We won the match by 10-3 where only first runners team lost (Tanesha, Shruti & Astha) .Our captain, Tanesha and vice-captain Shruti kept the team strong and motivated all the time.

After we entered the classroom, we got our jerseys. On looking at it everyone was extremely excited as this was the first time girls' team was getting jersey for interschool match. Our second match started around 04:15 p.m., which was the last match of the day. We had eaten lunch nearly 2 hours ago and we were ready and excited to play. WE warmed up during the second last match and got ready. Unfortunately we lost that match by the second quarter by 4-10 points.

At the end we can say that it was a great pleasure and experience but our school players need more exposure to be treated the same way as other players.

School management highly appreciated the participation and congratulated the team for their win in the first match by the girls.

Some of the glimpses from the tournament are captured below.



KHO! KHO!





AIS GIRLS KHO KHO TEAM

S.NO	NAME	SECTION
1	VISHI PATEL	XI A
2	AISHANI GUPTA	XI A
3	ARATHI BABU	XI A
4	AVANI MALI	X A
5	SHRUTI SINGH	XII A
6	SHWETA SOLANKI	XII A
7	TANEESHA CHAUDHARY	XII A
8	ARPITA PAL	XI A
9	HARSHA VARTHINI	XI A
10	ASTHA BHATIA	IX B
11	RIDHI TANDON	IX B
12	AISHWARYA KANDOLKAR	IX B

COMPILED BY: SUNITA PARIHAR